**Annual Meeting of the**

**International Association for Perceptual Control Theory**

**(Formerly the Control Systems Group)**

**11-13th September, University of Manchester, UK, 2019**

**Draft Full Program V3**

**Wednesday 11th September**

Location Link: <https://www.scienceandindustrymuseum.org.uk>

13.00 – 13.45 Arrival at Museum of Science and Industry, meeting in the museum café. Entry is free but please bring or purchase your own lunch.

 You may want to view a replica of Alan Turing’s ‘Baby’ computer in the main hall.

14.00 - 14.20 Visit and talk on Manchester Mills (Textile Gallery, Ground Floor)

14.30 – 15.00 Guided tour from Alice Cliffs, the Curator for Medicine & Engineering who is supporting our bid for a museum exhibition on ‘Control’

Location Link: <https://www.refugemcr.co.uk>

16.00 – 19.00 Informal drinks reception at The Refuge, Oxford Road, Manchester

Complementary drink & nibbles. Delegates are invited to select their own evening meal arrangements

**Thursday 12th September**

University of Manchester, Lecture Theatre E, Ground Floor, Zochonis Building, Oxford Rd.

Location Link: <https://www.manchester.ac.uk/discover/maps/interactive-map/>

9.00 Arrival and Registration

9.20 Introduction: Warren Mansell

9.30 International training of MOL within a trial of psilocybin for residual depression

*Sara Tai, University of Manchester, UK*

10.00 Form Emerging from Chaos: Implications of Reorganisation for Psychotherapy Outcome Trajectories

*Vyv Huddy, University of Sheffield, UK*

10.30 Tea, Coffee & Biscuits

11.00 A brief transdiagnostic group (the Take Control Course) compared to individual low- intensity CBT for depression and anxiety: a randomised non-inferiority trial

*Lydia Morris, University of Salford & Six Degrees Social Enterprise*

11.20 An adaptation of the Take Control Course to recovery from combat-related ill-health in military veterans

*Susan McCormack, Mode Rehabilitation & University of Chester, UK*

11.40 A Test of the Feasibility of a Visualisation Method to Show the Depth and Duration of Awareness During Method of Levels Therapy

*Jakub Grzegrzolka, University of Manchester, UK*

12.00 Using Perceptual Control Theory to understand the transition from contemplating suicide to making a suicide attempt

*Vanessa McIntyre, University of Manchester, UK*

12.20 Empowered Conversations: A PCT-based communication training for carers of people living with dementia

*Lydia Morris, University of Salford & Six Degrees Social Enterprise*

12.40 Lunch

13.40 Agents of change: A Multi-Method Study to Optimise the Helpfulness of an Artificial Relational Agent for Treating Mental Health Problems

*Hannah Gaffney, University of Manchester, UK*

14.00 Resolving Interpersonal and Intrapersonal Conflicts: A Comparison of the Practice of Mediation with Method-of-Levels Psychotherapy

*Kent McClelland, Grinnell College, USA*

14.20 Giving PCT away: pedagogy for sustainable learning

*John Kirkland, Massey University, New Zealand*

14.50 Tea, Coffee & Biscuits

15.20 The Impact of Transformational Life Skills Based on Perceptual Control Theory

*Shelley Roy, BE-Print, USA*

15.40 Using principles of PCT to transform the understanding & care of children & young people

*Louise Mansell, Nurture Psychology Services, UK*

16.00 A whole-school approach using PCT and MOL to support emotional health and behaviour

*Susan McCormack, Mode Rehabilitation & University of Chester, UK*

16.20 PCT and Pedagogical Action in Education

*Eetu Pikkarainen, University of Oulu, Finland*

16.50 Discussion and end of the day. Informal drinks at Kro Bar

Location Link: <http://kro.co.uk>

**Delegates are invited to select their own evening meal arrangements**

**Friday 13th September**

9.00 Arrival

9.15 The frontiers of interdisciplinary research using PCT

*Warren Mansell, University of Manchester, UK*

9.40 Mathematical Approaches to Understanding (and Misunderstanding) Behavior

*Richard Kennaway, UEA, UK & Rick Marken, Los Angeles, USA*

10.15 Trapping perceptions in the wild: a field report

*Bruce Nevin, Massachusetts, USA*

10.45 Tea, Coffee & Biscuits

11.00 Colour perception: applying PCT ex post facto

*John Kirkland, Massey University, New Zealand*

11.30 Applying PCT to hand hygiene

*Jonathan Sigger, Middlesex University, UK*

12.00 Perception in the generation of hierarchical control structures: a new methodology to derive

hierarchies in robots from real world experience

*Ben Hawker, University of Sheffield, UK*

12.30 Lunch

13.20 Militarism and the Authoritarian Personality: Displacement, Identification, and Perceptual Control

*Brian D’Agostino, New York, USA*

13.50 Can PCT explain the underlying nature of money?

Martin Taylor, Toronto, Canada

14.20 Undoing arbitrary control practices in cancer services. Developing a Method of Levels approach to psychological skills training for cancer nurses

*Mike Rennoldson*

14.40 Small group discussions on PCT: Clarifying Concepts

*Eva de Hullu, Open University, Netherlands*

15.10 Tea, Coffee & Biscuits

15.30 Small group discussions on PCT: Clarifying Concepts (continued)

*Eva de Hullu, Open University, Netherlands*

16.00 – 17.00 Annual General Meeting

19.00 Informal Drinks at Dukes (delegates to purchase their own drinks, etc)

Location Link: <https://dukes92.com>

20.00 Evening Banquet at Alfred Shed (delegates to purchase their own meal, etc)

Location Link: <https://alberts-restaurants.com/shed/>

POSTERS (More to be added)

Experiences across the perceptual hierarchy

*Eva de Hullu, Open University, Netherlands*

**Saturday 14th September**

Option to visit Jodrell Bank, a UNESCO World Heritage observatory on the hills outside Manchester – please liaise with Warren if you are interested

<https://www.jodrellbank.net>

<https://www.rome2rio.com/s/Manchester/Jodrell-Bank>